

**BEAVER ISLAND RURAL HEALTH CENTER
AND BEAVER ISLAND EMS PRESENT**

CPR **TRAINING**

Get trained. Save a life. You'll be glad you did.

SATURDAY, NOVEMBER 19, 2022

9 AM - 12 PM

**FEE FREE OPEN TO THE COMMUNITY
231-448-2275 RESERVE YOUR SPACE TODAY!**

American Heart Association Heartsavers®
(CPR and AED) Program and Certification

DID YOU KNOW:

- **ALMOST 90% OF PEOPLE WHO SUFFER CARDIAC ARRESTS DIE**
- **OVER 70% OF CARDIAC ARRESTS OCCUR AT HOME...LESS THAN HALF OF THESE GET CPR**
- **CPR IN THE FIRST FEW MINUTES CAN DOUBLE OR TRIPLE SOMEONE'S CHANCE OF SURVIVAL**
- **WITHOUT CPR, SURVIVAL CHANCES DECREASE 7% EVERY SINGLE MINUTE**

**birural health.org
biems.org**

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